

Communications re. CCMTA standards update

(Phase 1 – per the [communications plan](#))

1. Website update

In these locations, on our website:

- [Driver medical fitness information for medical professionals](#)
- [Part 3: Canadian Council of Motor Transport Administrators Medical Standards with B.C. Specific Guidelines](#)

We will add the following at the top of the page:

The Canadian Council of Motor Transportation Administrators (CCMTA) has [updated its medical standards](#) for determining driver fitness in Canada. This page will be updated with all the new standards once the BC guidelines have also been completed.

2. Information bulletin to external interest-holders

Audience: per the [communications plan](#), see Appendix A below for a list.

Distribution: distributed via email by the correspondence team (from roadsafetybc@gov.bc.ca).

Subject line: CCMTA medical standards update
{Date}

The Canadian Council of Motor Transportation Administrators ([CCMTA](#)) has [updated its medical standards](#) for determining driver fitness in Canada in the areas of:

- Cardiovascular disease
- Diabetes
- Musculoskeletal conditions
- Peripheral vascular disease
- Epilepsy and seizures, and
- Syncope

British Columbia is now updating its province-specific guidelines. We will inform you once the updates are complete and the new standards are reflected on [our website](#).

Until then, please continue to use the guidelines you've been using to determine driver medical fitness.

If you have questions, please contact RoadSafetyBC@gov.bc.ca.

Thank you,
RoadSafetyBC

Q&A's for external questions:

Q: The bulletin recommends using the guidelines you have been using. What does this mean?

A: The Canadian Council of Motor Transport Administrators (CCMTA) has recently updated their medical standards to primarily reflect significant changes that were the result of the Canadian Cardiovascular Society's updates to their fitness to drive guidelines (link here?). As these were significant changes, which the Canadian Medical Association (CMA) Drivers Guide also used to update their guidelines, it is recommended that these current standards be considered in determining fitness to drive.

Q: Will RoadSafetyBC's Driver Medical Fitness (DMF) adjudication team and Client Services intake agents be using the old or the new guidelines?

A: Currently, the DMF adjudication and Client Services intake agent teams are using the CCMTA Medical Standards with BC Specific Guidelines without the updates. However, the Driver Medical Fitness Nurse Case Managers are currently using the CCS 2023 Guidelines on the Fitness to Drive for drivers with cardiovascular conditions due to the higher risk of road safety concerns for drivers with this medical condition.

Appendix A: distribution list

Internal audiences:

- Driver Medical Fitness staff
- Correspondence staff
- Client Services staff

External audiences:

Organization	Contact Name	Contact info
Doctors of BC	Advisor, Communications and Media Relations and	Redacted

	Director of Policy, Policy, Strategy & Legal Affairs	
BC College of Physicians and Surgeons	Director for Communications & Public Affairs	
Nurses and Nurse Practitioners of BC	Generic email Media Enquiries	
Canadian Association of Occupational Therapists (CAOT) *Note: College of Health and Care Professionals of BC was unable to include our information in their newsletter	BC contact (generic)	
Driver Fitness Medical Consultation Group	Send to all non-PSSG emails on the DFMCG Membership Llist	
ICBC	Contacts redacted	
BC Trucking Association	President & CEO, BCTA	
Ministry of Transportation and Transit	Exec. Director & Registrar	