

Communications Road Map

Subject: Changes to B.C. medical guidelines for drivers based on the updated Canadian Council of Motor Transport Administrators' (CCMTA) standards

Prepared by: Jillian Mitchell, Communications Officer

In support of: DMF team

Project Lead: Catherine Douglas

Purpose: To inform key audiences that BC medical guidelines for drivers have been updated to align with changes to the Canadian Council of Motor Transport Administrators' (CCMTA) standards for cardiac/syncope driver medical requirements, released this spring.

Background:

- The CCMTA sets forth the recommended standard for private and commercial drivers through its [National Safety Code , Standard 6 – Determining Driver Fitness in Canada \(NSC-6\)](#)
- To support a consistent approach to driver fitness across the country, BC has adopted the CCMTA Medical Standards for Drivers, while maintaining some BC-specific guidelines
- RoadSafetyBC's Driver Medical Fitness adjudicators and nurse case managers use the CCMTA Medical Standards with BC-specific guidelines to determine the fitness to drive of BC drivers.
- The medical community is aware of the new fitness to drive guidelines, and many are referencing these guidelines when reporting fitness to drive conditions to RoadSafetyBC.

Key audiences:

- Internal staff:
 - Driver Medical Fitness staff
 - Correspondence staff
 - Client Services staff
- External partners & interest-holders
 - Insurance Corporation of British Columbia (ICBC)
 - BC Trucking Association (BCTA)
 - Ministry of Transportation and Transit (MoTT)

- Transit
- Any commercial class-related industry in B.C.
- BC medical community: doctors, nurse practitioners

Key messages:

The Canadian Council of Motor Transportation Administrators (CCMTA) has updated its medical standards for drivers related to heart health (cardiac) and fainting (syncope). As a result, British Columbia has updated its province-specific guidelines.

- Change will be published and in effect late Spring 2025.
- The province’s doctors and nurse practitioners, including staff at RoadSafetyBC, are currently evaluating drivers based on these updated guidelines.
- It is anticipated there will be minimal impact; some drivers who were fit may now be unfit and vice versa.
- Learn more on our website at: [LINK to be inserted]

Tools & tactics:

- Updated website content (to notify drivers)
- Emails: internal staff, external partners, associations, medical community

Implementation:

Content approval path:

eApps Approval route: Catherine > Jill > Sharon > Kathy > Brianna > ADM *return to Jill
 *Quick turnaround

Deadline date	Action	Description/tool	Person responsible	Status
Jan 2024	Confirm RSBC messaging (with a BC focus), based on CCMTA messages	Key messages	Catherine to advise when CCMTA messaging is available. Jill to confirm RSBC key messaging	On hold
Feb 2024	Update Driver Medical Fitness staff	Staff training (as per Jan. 16 th meeting)	Catherine Douglas	In progress

Feb 2024	Confirm process to identify website changes	How will the exact changes/additions/redactions be communicated to Jill?	Catherine & Jill	
Feb 2024	Draft and confirm website updates that reflect CCMTA changes	eApps	Catherine & Jill (see approval route)	
Mar 2024	Implement website updates	External website	Bela	
Mar 2024	Inform staff, external partners and BC medical community of changes	Email	Draft: Jill Jill to send Catherine to provide list	

Resources:

- Link to full CCMTA guidelines: <https://www2.gov.bc.ca/gov/content/transportation/driving-and-cycling/roadsafety/bc/medical-fitness/medical-prof/med-standards/1-intro>
- Link to the change in the guideline: [LINK HERE]